



Wellness Wednesday

In August, we will discuss your community issues, strengths & needs

Support Group for Caregivers of Children with Mental Health Challenges

Join other parents and caregivers of children who have mental and behavioral health challenges for light refreshments and honest conversations. We will offer each other support and share information about available community resources for your family in Baltimore City. You are not alone!

For more information
please contact:

Crystal Simpson
csimpson@mdcoalition.org
443-878-3461

When: Wednesday August 21
6:00 pm – 7:00 pm

Where: Maryland Coalition of
Families
2701 N. Charles Street
Suite 400
Baltimore, MD 21218

Cost: Free!



“We can support each other by sharing stories, from knowing that I’m not alone...and we never give up.”

Mom, MCF Support Group Member

Maryland Coalition of Families

410-730-8267 | www.mdcoalition.org