



Sip And Talk

First Wednesday of the Month

Join other parents and caregivers of children with mental and behavioral health challenges for morning coffee and honest conversations. We provide a non-judgmental place to share your experiences and offer support with other caregivers like yourself.

For more information contact:

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When: First Wednesday
of the Month
9:30 – 10:30

Where: Dunkin' Donuts
Ocean City Outlet Center
12741 Ocean Gateway
Ocean City, MD

Cost: Free

Sessions: October 2
November 6
*Note: No sessions in
December or January*

“We can support each other by sharing stories, from knowing that I’m not alone...and we never give up.”

