



# Caregivers In Action (CIA)

Supporting ~ Empowering ~ Connecting

A support group for parents and caregivers of children with mental health issues, emotional needs, challenging behaviors or special needs in Washington County.

- Educational and informational opportunities
- Guest speakers and trainings
- Social events and outings
- Open Support Group time

*A light dinner will be provided at each meeting*

**When:** Second Thursday of the Month

**Time:** 5:30PM – 7:00PM

**Where:** Bester Community of Hope  
370 Mill Street  
Hagerstown, MD 21740

**Upcoming Sessions:** December 12, 2019  
January 9, 2020  
February 13, 2020

**For more information, please contact:**

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**202.590.0060**



***MCF is proud to partner with Bester Community Hope to offer this support group. Grant funding for this program is provided by the Behavioral Health Administration***

**Maryland Coalition of Families**

**410-730-8267 | [www.mdcoalition.org](http://www.mdcoalition.org)**