



## Caregiver's Connection Support Group

### Caregiver's Connection Support Group

Please come and join the support group for parents and caregivers of children with ADHD, autism, and other behavioral health challenges.

Please do not miss this opportunity to relax with other caregivers, while sharing ideas and taking time for yourself.

**When:** First Thursday of the Month:  
Thursday, March 5, 2020  
Thursday, April 2, 2020

**Time:** 5:30 pm to 7:30 pm

**Where:** Queen City Creamery, Café  
108 W. Harrison Street  
Cumberland, Maryland

**Cost:** Free

*"We can support each other by sharing stories, from knowing that I'm not alone...and we never give up."*



**For more information, contact Ula Slider**  
**[uslider@mdcoalition.org](mailto:uslider@mdcoalition.org)**  
**or 240-818-3534**

Maryland Coalition of Families

410-730-8267 | [www.mdcoalition.org](http://www.mdcoalition.org)