



## Online Support and Education For Families Struggling with Substance Use

### Online Support Group for Families Struggling with Substance Use

Join others who love someone with substance use issues for an evening of education and support. Maryland Coalition of Families will provide resources and tools. We will also offer support for you and your family during your toughest times.

Topics included:

- Addiction as a family disease
- Advocacy versus codependency and enabling
- Language of addiction and recovery; reducing stigma
- Recovery resources for families

*This program is open to all families that live in the lower shore area of Maryland.*

**When:** Third Thursday of each Month

**Time:** 5:30 - 7:00 pm

**Where:** Online Zoom Meeting

**Cost:** Free

**Upcoming Sessions:** April 16, 2020  
May 21, 2020

\*Zoom is a free video and phone conferencing tool. Just click in and join from your computer, tablet, or smart phone. Downloading the free Zoom app is recommended, but not required.

**For more information and to receive Zoom link, contact**

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Maryland Coalition of Families  
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