



## Harford County Under the Umbrella Tree Online Support Group

### Under the Umbrella Tree Online Support Group

Join other parents and caregivers of children with mental and behavioral health challenges and receive peer support and information about community resources for your family in Harford County.

*This group is for families that reside in Harford County*

**When:** Fourth Thursday of Every Month

**Time:** 11:00 am- 12:30 pm

**Where:** Online Zoom Meeting\*

**Cost:** Free

\*Zoom is a free video and phone conferencing tool. Just click in and join from your computer, tablet, or smart phone. Downloading the free Zoom app is recommended, but not required

**For more information and to receive Zoom link, contact**  
Somers Sawyer at [Ssawyer@mdcoalition.org](mailto:Ssawyer@mdcoalition.org) or 443-896-6289

*"We can support each other by sharing stories, from knowing that we're not alone...and by never giving up."  
MCF Mom*



Maryland Coalition of Families

410-730-8267 | [www.mdcoalition.org](http://www.mdcoalition.org)