



## Healthy Minds Online Drop-In Book Club

Calling all book lovers! Maryland Coalition of Families invites you to join other families and loved ones who care for someone with mental health, behavioral health or substance use challenges.

We'll explore and discuss an interesting and thought-provoking book each month and share some relaxing time together. We will discuss the following books:

**June 30, 2020:**

*An Invisible Thread*, by Laura Schroff and Alex Tresniowski

**July 28, 2020:**

*The Farm*, by Joanne Ramos

**August 25, 2020:**

*My Life as a Rat*, by Joyce Carol Oates

**When:** Fourth Tuesday of each month

**Time:** 2:30 – 4:00 pm

**Where:** Online Zoom Meeting\*

**Cost:** Free

\*Zoom is a free video and phone conferencing tool. Just click in and join from your computer, tablet, or smart phone. Downloading the free Zoom app is recommended, but not required.

This event is for all families residing in Maryland.  
We look forward to sharing this time with you!

For more information, or to receive the Zoom link, Contact Augustine Cook at [acook@mdcoalition.org](mailto:acook@mdcoalition.org) or 443-504-4509

*\*Limited quantities of books are available*