



# Finding Hope Support Group For Families Struggling with Substance Use Online Video Chat

## First Thursday of the Month

Join others who love someone with substance use issues for an evening of education and support. Maryland Coalition of Families will provide education and tools. We will also offer support for you and your family during your toughest times.

Topics included:

- Addiction as a family disease
- Advocacy versus codependency and enabling
- Language of addiction and recovery; reducing stigma
- Recovery resources for families

**When:** Thursday October 1, 2020

**Time:** 6:00 to 7:30 PM

**Where:** Online Zoom Meeting

Link will be emailed to participants the day before the group.

**Cost:** Free

**Upcoming Sessions:** October 1, 2020  
November 5, 2020  
December 3, 2020

**For more information and to RSVP, contact**

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Maryland Coalition of Families  
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