



Our Healing Hearts Online Family Peer Grief Support

For parents that have lost a child to substance overdose

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Child loss to substance overdose is a unique and isolating situation.

We are a grief support group, now meeting online, for any parent coping with this heartbreaking experience.

Because we have been in your situation, we can provide a nonjudgmental, safe space to share experiences and offer peer support and understanding.

Join us to share, learn, listen, and be heard.

You are not alone.

Open to families across Maryland

When: 4th Tuesday of the Month

October 27, 2020

November 24, 2020

December 22, 2020

January 26, 2021

Time: Noon – 1:30 PM

Where: Online Zoom Meeting*

Cost: Free

*Zoom is a free video and phone conferencing tool. Just click in and join from your computer, tablet, or smart phone. Downloading the free Zoom app is recommended, but not required.

**For more information and to receive the Zoom link,
Contact Beth Schmidt at
bschmidt@mdcoalition.org or
202-573-6773**

Maryland Coalition of Families
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