



Western Maryland Caregiver's Connection Online Support Group

Caregiver's Connection Support Group Now Online!

Join this online support group for parents and caregivers of children with ADHD, autism, and other behavioral health challenges.

You'll have the opportunity to learn about resources while sharing ideas and experiences with other caregivers. You'll also benefit by taking some relaxing time for yourself.

This group is for families that reside in Western Maryland.

When: 2nd Thursday of the Month

Time: 7:00 pm to 8:00 PM

Where: Online Zoom Meeting*

Cost: Free

*Zoom is a free video and phone conferencing tool. Just click in and join from your computer, tablet, or smart phone. Downloading the free Zoom app is recommended, but not required.

"We can support each other by sharing stories, from knowing that we're not alone...and never giving up."



**For more information and to receive the Zoom link, contact
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Maryland Coalition of Families

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