



**Howard County**

# Drug & Alcohol Family Forum

If you care about someone with a drug or alcohol issue, it can be hard to know where to turn for help. Come to this virtual family forum and hear from local organizations about available treatment options, prevention, and how to get support for your loved one and yourself.

\* **Marijuana: The Bane of My Existence**  
**Thursday, February 18 at 7:00 PM**

**Register at:** <https://bit.ly/3f8cNNd>



The Howard County Opioid Crisis Community Council provides community stakeholders a voice in finding a solution to the opioid crisis. The Council identifies gaps and resources, assesses communication efforts, and recommends effective prevention and treatment strategies. For more info, go to <https://www.howardcountymd.gov/Departments/Health/HoCoOpioidHelp/Community-Council> or call **410-730-8267**.



Maryland Coalition of Families is a statewide non-profit funded by regional and state grants. Our staff use their lived experience to provide family peer support to anyone who has a loved one with substance use and other behavioral issues, at no charge to families. MCF also advocates to improve systems that impact people with behavioral health challenges. For more information, go to [www.mdcoalition.org](http://www.mdcoalition.org) or call **410-730-8267**.



HC DrugFree provides education on prevention, treatment, recovery, and health and wellness to help Howard County residents develop knowledge and skills to understand and address behavioral health (substance use and mental health) disorders. For more information, go to [www.hcdrugfree.org](http://www.hcdrugfree.org) or call **443-325-0040**.



Congruent Counseling Services (CCS) and Integrative Counseling (IC) provide mental health and substance use disorder treatment through six locations in Maryland. Services are currently provided via telehealth for the safety of clients and staff. For more information, go to [www.congruentcounseling.com](http://www.congruentcounseling.com) or call **410-740-8066**.

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