



THE POWER OF SHARING! Support Group For Spanish-Speaking Families

Support Group for Spanish-Speaking Families

Please come and join other parents and caregivers of children with mental and behavioral health challenges. We will support each other, share our experiences and learn about educational and community resources to help our families.

Spanish-speaking families from across Maryland are welcome to attend.

When: Every Wednesday

Time: 3:00 – 5:00 pm

How to Connect: Online Zoom Meeting*

Cost: Free

*Zoom is a free video and phone conferencing tool. Just click in and join from your computer, tablet, or smart phone. Downloading the free Zoom app is recommended, but not required.

For more information and to receive the Zoom link, contact
Cynthia Ariza cariza@mdcoalition.org
or **443-878-3113**

“We can support each other by sharing stories, from knowing that we’re not alone... and by never giving up.”
An MCF Mom



Maryland Coalition of Families
410-730-8267 | www.mdcoalition.org