



## Our Healing Hearts Family Peer Grief Support Now Online

*For parents who have lost a child to substance overdose*

Child loss to substance overdose is a unique and isolating situation.

We are a grief support group, now meeting online, for any parent coping with this heartbreaking experience.

Because we have been in your situation, we can provide a nonjudgmental, safe space to share experiences and offer peer support and understanding.

Join us to share, learn, listen, and be heard.

You are not alone.

*This program is for families that reside in Carroll County only.*

**When:** Fourth Tuesday of Every Month

**Time:** 6:30 - 8:00 pm

**Where:** Online Zoom Meeting\*

**Cost:** Free

\*Zoom is a free video and phone conferencing tool. Just click in and join from your computer, tablet, or smart phone. Downloading the free Zoom app is recommended, but not required.

**For more information and to receive Zoom link, contact**

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202-573-6773

Maryland Coalition of Families  
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