



Handling the Holiday Blues



For Maryland Families

THURSDAY,
NOVEMBER 18

5:30 PM

WHERE:
ONLINE VIA
ZOOM

For parents and caregivers of children with mental and behavioral health challenges

Join other parents to relax and share virtual support. We'll talk about what the upcoming holiday season will look like and how to avoid those "holiday blues." Please RSVP to Quiana White to receive Zoom link.



FOR MORE
INFORMATION
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