

# Family Leadership Retreat

## **SOUTHERN/MID CENTRAL REGION** **November 5–6, 2021**

*A free, two-day VIRTUAL retreat to empower you to be a stronger advocate for your child and your community*



### **Calling Parents and Caregivers who both:**

- ◆ Have a school-age child with mental health challenges *and*
- ◆ Live in Howard, Montgomery, Anne Arundel, Prince George's, Charles, Calvert, or St. Mary's County.

### **The retreat provides a welcoming space for you to learn how to help your child by:**

- ◆ Collaborating with your child's school
- ◆ Empowering you to promote the needs of your child, family and community
- ◆ Taking care of yourself
- ◆ Connecting with other families just like yours

There is no cost and **stipends are available for childcare**. A completed application and commitment to attend both days is required.

**November 5, 6:00 – 9:00 pm and November 6, 8:30 am – 4:00 pm**  
**(Virtual attendance on both Friday and Saturday is required)**

Must be able to access Zoom (free) online learning platform.

**Application deadline: October 21, 2021**

Learn more or start your application at:

<https://bit.ly/MCFSouthernMDFLR>.

Questions? Contact DeVaki Leonard at  
240.818.3536 or [dleonard@mdcoalition.org](mailto:dleonard@mdcoalition.org).

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This Family Leadership Retreat is a program of the Maryland Coalition of Families (MCF). MCF helps families who care for someone with behavioral health needs, including mental health, substance use and gambling issues. Using personal experience as parents, caregivers, young people and other loved ones, we connect, support and empower Maryland's families. Learn more at [mdcoalition.org](http://mdcoalition.org).