

Maryland Coalition of Families presents:

Our Healing Hearts

Support Group

This is a support group for parents who have lost a child to overdose.

Losing a child to substance overdose is a unique and isolating situation. This grief support group meets monthly on Zoom and we welcome any parent coping with this heartbreaking trauma to join us.

Fourth Tuesday of Each Month 12:00 pm - 1:00 pm

Zoom Link: <u>https://mcf.family/healing-hearts-</u> <u>support-group</u>

Questions?

Contact Beth Schmidt | 202-573-6773

MCF is a nonprofit organization that offers family peer support services to families who have a loved one with mental health, substance use or problem gambling challenges. Our services are offered statewide and at no cost to families. To learn more, please visit <u>www.mdcoalition.org</u>